

Newsletter Date
October 2009

Altruistically Speaking

President
Sue Clauson

Vice-President
Diane Gaynor

Treasurer
Amanda Amidon

Asst. Treasurer
Laura Cameron

**Corresponding
Secretary**
Penny Franciosi

Recording Secretary
Deb Cotton

Board of Directors
Judi Shaw
Maureen Sanborn

**Immediate
Past President**
Shirley Mento

Altrusa International Inc. of Laconia, New Hampshire

President's Message

Hi Ladies,

Time is flying. I can't believe I'm sending you the October Newsletter already! The committees are busy making plans and getting work done. I will be interested in hearing your comments on the new "committee meetings" replacing some of our "program meetings". So far, everyone I've spoken to has had favorable comments. Amanda and Laura are planning some very fun and interesting "excursions". I hope many of us will be able to take part in them.

Fall workshop is set for November 7, 2009. Sponsored by the Portsmouth Altrusa Club it will be held in beautiful York Village. I hope many of us will be able to attend and I would love to carpool with anyone planning to go.

Multicultural Day, in downtown Laconia, was a huge success in spite of the rain. We really got the Altrusa name out into the community, and even had some interest in new membership!

Please give me your feedback on the newsletter. If you have any comments, suggestions, ideas or something to include, please email it to me. I'm new at this and need your help.

*Thanks,
Sue*

Club Motto: *Leaders in Service*

Altrusa International Inc. of Laconia, NH
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Committee Reports

Foster Care

By Sue Clauson

Laura, Judi and Sharon put together 44 backpacks this summer. Along with Meredith's help we were able to supply all the needed backpacks for Belknap County.



*Backpacks were delivered
To the Department of Health
And Human Services*

Judi received cartons of clothing from Walmart (more than she anticipated). Much of the clothing was given out at the Foster Care picnic. Four cartons were divided between the Carey House and the Concord Homeless Shelter and much of the remaining clothing will be brought to the Seacoast for that program. Many thanks to Judi for her hard work!

If you would like to be a part of this wonderful committee, let one of the members know. They need more help!

Multicultural Day

By Judi Shaw



*Betty made some new friends
at Multicultural Day*

Betty, our Big Blue Bookworm, presided over the Literacy committee's booth at Multicultural Market Day on Sept. 12. She was a big hit with the children as she helped to get the word out about the importance of reading to children to foster a love of reading.

Just over 300 booklets were given out on how to read to toddlers and preschoolers.

Betty was assisted in this effort by eight volunteer Altrusans. The committee would like to say thank you to: Sue Clauson, Barbara DeAngelis, Diane Gaynor (who helped to set up prior to flying off to welcome a new nephew or niece) Tracy Grant, Eva Hurst, Shirley Mento, Judi Shaw, and Donna Werda. A special thanks goes out to Lou Gaynor and PJ Clauson for their help with set up and equipment



Our first "committee meeting" included some very yummy treats prepared by Amanda & Laura



BIRTHDAY GIRLS

October 5th Judi Shaw
 October 25th Eva Hurst
 October 28th Sharon Shetler

Did You Know?

Did you know that regularly drinking very hot liquids can significantly increase your risk for throat cancer?

This is because tumors form more easily on burned cells.

(From October 2009 *Family Circle* Magazine)



Important Dates to Remember:

Oct. 6 th	Board Meeting
Oct. 13 th	Business Meeting
Oct. 24 th	Make a Difference Day
Oct. 25 th	Deadline for Newsletter
Oct. 27 th	Program Meeting
Nov. 3 rd	Board Meeting
Nov. 7 th	Fall Workshop
Nov. 10 th	Business Meeting

Newsletter Deadline: The 25th of each month

I'd like to get the newsletter sent to you by the first week of the month. Please e-mail your articles, recipes, interesting tidbits of info, or anything else you think of to me at:
supjcn@metrocast.net

Minutes of Business Meeting

September 8, 2009

Altrusa International Inc. of Laconia

Minutes: September 8, 2009

Recorded and Submitted By Deb Cotton

Call to Order

- President, Sue Clauson, called the meeting to order at 5:40 at the St. James Church Hall. There were 19 members present: Laura Cameron, Eva Hurst, Barbara DeAngelis, Judi Shaw, Jean Vaillancourt, Maureen Sanborn, Brenda Tillotson, Sue Clauson and Debbie Cotton, Tracie Grant, Gloria Gallant, Carla Peterson, Donna Werda, Diane Gaynor, Amanda Amidon, Nancy LeRoy, Shirley Mento, Sharon Shetler and future member Jan Gilbert. Penny Franciosi, Linda Smith and Idelle Lipman let us know they would not be attending.
- Guest Introductions: Jan Gilbert was introduced to the members as a future member. She has turned in an application for membership.
- Secretary's Report: The June minutes were e-mailed to the members. Moved and 2nd they be accepted as written.
- Treasurer's Report: Amanda presented the August 31, 2009 financial statement. There were no correction or omissions noted. She indicated she had e-mailed the June, July and August reports for our review.
- Correspondence: Sue for Penny
Penny kept us up to date over the summer with her e-mails. There was one additional thank you
From BCNH

Committee Reports

- Program Committee: Amanda and Laura
Laura explained how this year our Program meeting nights (the 4th Tuesday of the month) will be alternating with Committee meetings in an effort to cut down on the number of meetings members need to attend. **9/22/09** will be for Committee meetings. They selected 4 committees to meet that night. All the members are on at least one of those committees. The Program Committee will be providing a light meal and the cost will be \$5 to members to cover the cost of the food. Another thing they will be trying this year is to come up with some optional social activities members can enjoy together. There was dinner at Hectors followed by a presentation on herbs which was held at the library in August. On **9/27/09** a Kayak adventure is planned starting at 10 AM. It is limited to 20 people and costs \$20. RSVP to Amanda ASAP. The **10/27/09** Program meeting will be held at the library with a caterer. We will tour the library and learn more about how the library contributes to our community. **11/10/09** is a Business meeting, **11/17/09** will be Committee meetings, **12/8/09** is a Business meeting and **12/15/09** is our holiday party. They plan to still use Patricks for some Program meetings and are open to ideas for programs.
- BCNH Birthday Party: Barbara and Tracie
Barbara reported they went to BCNH in July, August and September and the balloons were supplied by Elaine. Sue brought up it had been discussed at the last Directors' meeting about our getting our own tank and blowing up our own balloons. Laura said she could store the tank at her work. Barbara said she and Tracie would discuss this option. She expressed she had concerns about additional driving to get the balloons in poor winter weather.
- Literacy: Donna and Judi
They will be starting off the year in September with Multi-Cultural Day on **9/12/09**. We will have a booth handing out pamphlets about reading to children. October has Make a Difference Day and for that they have a reading area project for BCNH. Two bookcases and large print reading materials (if you have any large print books to contribute they would be appreciated) will be set up for two reading areas. In November, Parade Betty will be ready for the holiday parade. There may be a float with a couple of libraries participating with us. They are taking December off and are working on activities for the 2nd half of the year. Barbara firmed up arrangements for Multi-Cultural Day. Shirley and Donna will check in at the Mill at 9:00 to confirm where we will set up our booth. We think in will be in the hospital's parking lot across from the Mill. Lou Gaynor will have a tent for us and 2 tables and he and Club members will meet by the Soda Shoppe at 9:30.
It is requested that all booths be set up by 10:00. Sue will locate our banner, bring Altrusa pamphlets and gummy worms. Shirley will have the small toys and pamphlets to handout from Judi's. Betty will be there too. Eva will be there, camera in hand.

- Foster Care: Sharon and Laura
Laura reported she, Judi and Sharon put together 44 backpacks this summer. The Meredith/Laconia budget allowed them to fill all the requests in Belknap County for backpacks. Judi mentioned there were 28+(I may be off on the #) big cartons of clothing donated by Walmart. Sharon said there were several racks of clothing set up at the Foster Care Picnic for the foster care families. 4 cartons with mens' socks and underwear were divided between Carey House and the Concord Homeless Shelter. The remaining cartons of clothing were brought to the Meredith Club. Much of it will be taken to the Seacoast for that foster care program. Thanks to Judi for her efforts getting that donation. Sharon indicated theirs is a year-round committee and they alternate monthly meetings between Laconia and Meredith. There are now 5 on the Laconia committee and they would welcome more.
- Public Relations: Diane and Carla
Diane asked us to pass along any newsworthy items about any of our Club members. She is also working with Sue Noyes, who helps with our website, exploring the cost and what it would entail to have the site accept credit cards to pay for Taste tickets. She also reminded us Eva is our photographer and Maureen is in charge of getting our new into the print media. Diane said they have found presenting checks in person with the big check has been very effective. It has been discussed to disburse funds to the community throughout the year to increase our print exposure. Nancy pointed out we need to be mindful of the current % allocations we have in the budget, not that it can't be voted to change in the future. A group will also be going to the Citizen to see how we might be able to get better coverage, noting how much Zonta seems to get.
- Membership: Sue
Sue relayed we are going to have a small group of members try to better orient our new members about our Club activities and committees and also go over what the function of District is. This will hopefully help the new members feel more comfortable and able to better participate at our meetings.

Old Business:

- Trademarking Betty: Sue
Donna has the paperwork and because we do not have our application in already, we need to wait for the new rules to become effective on 9/12/09 before submitting our application. It is \$375 for a trademark application fee. She will check into the cost for both trademarking and copyrighting and report on the cost at the next Directors' meeting.

New Business

- Yearbooks: Sue
The books still need to be bound and the holiday weekend caused delay. They should be available by our next meeting.
- Multi-Cultural Day: Judi and Donna
See Multi-Cultural Day under Literacy.
- Fall workshop: Sue
Workshop is planned for 11/7/09 in York Village, Maine. Sue asked for a show of hands for those planning on attending and suggested they might consider car-pooling.
- Other Business:
Laura wanted to throw out an idea for consideration by the membership about how we might want to re-look at how we handle our scholarships. She wondered if we could possibly apply the money to other avenues in view of the fact we don't seem to get many applicants lately. Donna indicated has previously mentioned she feels we need to come up with new life for the scholarship committee. Judi, as the current chair of that committee, indicated they will discuss what might be some options when they meet, maybe one larger scholarship could be one idea. She will come back to the Club with their recommendations.

Announcements/Happy Dollars

- Diane: She and Lou been married 25 years.
- Eva: Today is her 36th wedding anniversary.
- Gloria: She sold her half of LaSalle and Gallant to her partner and is now an employed by Anderson and Klaus, an accounting firm in Concord.

Adjourn

- Meeting adjourned at 6:50 PM.

Financial Statement

September 30, 2009

Prepared by Amanda Amidon, Treasurer

Internal Funds (Operations)

Checking Account

Previous Balance	\$	2,895.63
Income		
September Program Meals		
Pin Fines and Happy Dollars	\$	8.00
Interest Income	\$	0.11
Total Income		
Disbursements		
Amanda Amidon - Program Exp	\$	23.96
Total Disbursements	\$	23.96
Current Balance	\$	2,959.78

Savings Account

Previous Balance	\$	3,725.60
Income		
Interest	\$	0.47
Disbursements		
Current Balance	\$	3,726.07

Foundation Funds

Checking Account

Previous Balance	\$	3,752.96
Income		
Interest Income	\$	0.14
Total Income	\$	0.14
Disbursements		
State of New Hampshire - Annual Report	\$	75.00
Judi Shaw - Literacy Supplies	\$	101.97
Heaven Scent Flowers - Aug and Sept	\$	52.35
Total Disbursements	\$	229.32
Current Balance	\$	3,523.78