

Newsletter Date;
September 2010
Sue Clauson, Editor

Altruistically Speaking

President

Diane Gaynor
(603) 366-4630
diangaynor@aol.com

Vice-President

Amanda Amidon
(603) 731-5155
accountforit@hotmail.com

Treasurer

Laura Cameron
(603) 293-7104
lcameron@laconia
electricsupply.com

Asst. Treasurer

Vacant

Corresponding Secretary and

Recording Secretary

Maureen Sanborn
(603) 267-9817
homeintconsultant
@gmail.com

Board of Directors

Judi Shaw
(603) 524-5692
judishaw@metrocast.net

Annie Hodapp
76 Garden Circle
Laconia, NH 03246
(603)528-6400
anniescateringandevents@
yahoo.com

Immediate

Past President

Sue Clauson
(603) 527-0997
supjcn@metrocast.net

Altrusa International Inc. of Laconia, New Hampshire, USA

President's Message

Hi ladies! Welcome back! I'd like to start with definitions. Actually, just one - new! That is considering we have a new Board, newcomers to welcome to the club and lots of new ideas just festering in the minds of all of us. So, just what does new mean? Mr. Roget lists synonyms such as fresh, innovative, inventive and unprecedented. Mr. Webster describes it as beginning the resumption or repetition of a previous act or thing; make or become fresh; awaken; different from one of the same category that has existed previously...

It is with this in mind that I urge all of us to come into this Altrusa season with the excitement and enthusiasm that enveloped us as we first vowed our pledge to this wonderful institution. After all, we have been chosen by our peers to enter into this club for our insight, leadership and personal skills to be used to enhance and better our community. Teamwork is essential in our efficiency to live up to the standards that define Altrusa. It is vital that each and every one of us takes our membership seriously and provides filling the needs of our club to insure its success.

In my new position I will be relying on the energies and experience of those who have preceded me as well as the membership as a whole in my efforts to stimulate a new level of prosperity both within the club and without.

*Thank you!
Diane*

Club Motto:

Leaders in Service

Altrusa International Inc. of Laconia, NH
P.O. Box 124
Laconia, NH 03247
www.altrusalaconia.com



COMMITTEE REPORTS

Multi-cultural Day

The downtown Multi-cultural fair will be held on Saturday, September 11th, in downtown Laconia. Again this year, we will have a booth. It will include our Altrusa banner, information on Altrusa, free booklets on reading to infants and toddler, Betty the Bookworm and a basket that will be raffled. The basket will include goodies and items indicative of the nations represented by Altrusa. In addition, Shirley has purchased small flags of the nations that are represented by Altrusa to display.

This event is a great way to get the word out about who we are and what we do. This year we will hope to make a little money too!

Fundraising at Castle In the Clouds

We have been given the opportunity to participate in the Castle In The Clouds Fall Foliage Festival on Sunday, September 26th. The event includes Craftsmen, Artists and Live music. We are planning on setting up our "now famous" hot dog stand and Diane has already started to solicit businesses for donations.

More info will be coming, but mark your calendar! We will need lots of help and will have lots of fun! You won't want to miss it!

BIRTHDAY GIRLS

<i>September 11</i>	<i>Barbara DeAngelis</i>
<i>September 22</i>	<i>Nancy LeRoy</i>
<i>September 22</i>	<i>Maureen Sanborn</i>
<i>September 26</i>	<i>Pat Baldi</i>

Page 3

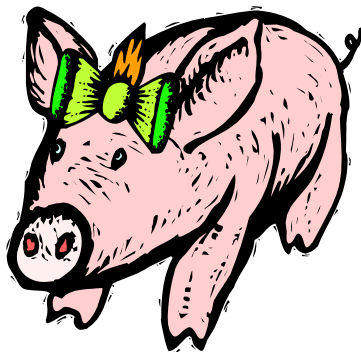
A Belated "Happy Birthday" to the Following Ladies:

<i>July 2</i>	<i>Anne Tilton</i>
<i>July 6</i>	<i>Debbie Cotton</i>
<i>August 30</i>	<i>Diane Gaynor</i>

Please remember that the deadline for Newsletter Information is the 25th of each month!

"My Journal"

By
Piggy Sue



I discovered that I love gardening!

June 12, 2010, Foster Care Picnic

Today was the big foster care picnic. I was so excited that I was all dressed and ready to go the night before. I just love going places with the Laconia Altrusans. We paired up with the Meredith group for this event. There were hot dogs, salads, watermelon, baked beans lots and lots of cookies and even ice cream! They had raffles and games and face painting. Some of the kids even went swimming in between the rain showers. I guarded the cookies. Over 50 people showed up in spite of the rainy weather. Helen Robinson has a lovely camp which she so generously lets us use each year to host this picnic for the foster care families in the area.



Ummm, hotdogs!
They're not made
of pork, are they?

June 22, 2010, Installation



Me, in my new
sundress.
Aren't I cute?

Oh what a wonderful day I had. I got all dressed up in my new sun dress and went to the annual installation meeting. This year's scholarship recipients were there and I got to meet them and even had my picture taken. We had such a wonderful slate of officers for next year - I am very excited to see what they have planned for the membership. The installation was very light hearted as Nancy LeRoy and Adriane Stevens had us all in stitches with their comparisons of each of the new Board members with different breeds of dog. It was pointed out that each breed had a certain outlook on life and how a task should be approached and I must admit that Nancy nailed each of them perfectly! I think the club is in excellent hands for the coming year. Afterwards we enjoyed a delightful dinner arranged by our worthy program committee.

August 2010, Foster care Backpack Project

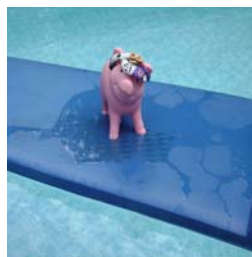
Boy it sure has been a HOT summer. Certainly too hot to do much. I did get to help with the Foster care backpack project though. The Laconia and Meredith clubs have joined forces again this year to provide backpacks filled with back to school supplies for students in Belknap County who are currently in Foster care. Judi and Tracy did the shopping and Sylvia Detscher from the Meredith club, Sharon Shetler, Sue Clauson, Judi Shaw and I got together to stuff the packs and get them organized for delivery to the DHHS office. We stuffed 41 packs in under an hour! Talk about team work we were like a well oiled machine. Well, actually, they were...I did the heavy looking on. I know the students will enjoy the packs as they start on another leg of their educational journey.



This is a picture of me helping to stuff backpack with my friends Sharon Shetler, Judi Shaw, and Sylvia Detscher



I went swimming in Judi Shaw's pool.



Even did a little "piggy dipping"



But best
of all, I
"pigged
out" on
books.
Isn't
reading
great?!!

District One Information

Check out the District I website at www.district1.com.

International Information

Check out the Altrusa International website at www.altrusa.com

Foundation Information

For information visit www.altrusa.com/foundation

Dates To Remember

- | | |
|--------------|----------------------------------------------------------|
| September 11 | Multi-cultural day, Downtown Laconia |
| September 26 | Fall Foliage Festival Fundraiser at Castle In the Clouds |
| November 6 | District One Fall Workshop, Hosted by Carroll County |
| July 2011 | Int'l Convention, Rapid City, South Dakota |
| July 2013 | Int'l Convention, New Zealand |

Things I have learned since moving to California by Idelle Lipman:

- (1) Every day, weather-wise, is as spectacular as the day before. No need, this time of year, to worry about rain ... just a little fog that comes in from the San Francisco Bay that burns off early in the day making way for beautiful blue skies.
- (2) That although I have to travel over five, five lane freeways and one thirteen mile long bridge with the drivers only knowing fast/faster/fastest as a means of travel, it is worth it when I pull into my family's driveway and am greeted by my son, daughter-in-law and two young grandsons.
- (3) That the right hand lane on these freeways is indeed NOT the slower lane as on good old I-93. And, in fact, I better be positioned in the correct lane no matter if I am on these freeways or just traveling downtown in Walnut Creek or face lots of horn honking and disapproving looks. (For the record, I am getting much better at this.)
- (4) That it is "heaven" to have Trader Joe's and Whole Foods just 11 minutes away or for that matter, just about any kind of shopping/service available one might need so handy but unfortunately, not at New Hampshire prices!!! Try a 9.25% sales tax on everything, even when you make a photocopy ... yikes!
- (5) That there is a choice of just about any kind of ethnic food served in the varied restaurants (not just Italian food!) and that Artsy movies, newly released movies as well as varied cultural events are all readily available to be enjoyed.
- (6) That I really picked the right active adult community to relocate to as everyone is more than willing to help out a newcomer and remembers what it was like when they first came here whether it was a few months ago or many years ago.
- (7) That joining the Trails Group (also know as the hiking group) is the best \$10.00 I have spent so far as I have enjoyed the company of some really neat people ranging in age from the mid-sixties all the way up to the early eighties! I am impressed not only with everyone's hiking ability, but inspired by the great outlook on life they all have in spite of whatever life may have dealt them! Hikes have ranged from exploring local historical areas to my two favorites ... both in San Francisco. One explored one of the City's many hilly neighborhoods which included climbing three, four-story high stairways (one with all mosaic tiles) that provided not only great exercise but incredible views! The other went under and along the coastline surrounding the Golden Gate Bridge ... just spectacular!!
- (8) That I am settling in, have found a Temple I will be attending for the High Holydays but have left a piece of my heart with all of you that I have left behind.

I wish everyone in the Club good productive meetings this year that yields lots of accomplishments in the community

e-mail: idelle.lipman@gmail.com
home phone: 925-300-3876
cell phone: 603-455-1152
snail-mail: 1136 Leisure Lane #7
Walnut Creek, CA 94595-2930

ALTRUSA INTERNATIONAL, INC
LACONIA, NH
Business Meeting Minutes
Tuesday, June 8, 2010

CALL TO ORDER:

The business meeting was called to order at 5:40 p.m. by Sue. Members in attendance were: Amanda Amidon, Laura Cameron, Barbara DeAngelis, Carla Peterson, Shirley Mento, Jan Gilbert, Jean Vaillancourt, Diane Gaynor, Penny Franciosi, Judi Shaw, Maureen Sanborn, Brenda Tillotson, Sue Clauson, Eva Hurst, Annie Hodapp, Sharon Shetler, and Adrienne Stevens. We had two definite future members attending; Jane Bergeron and Lisa Singh and one potential future member attending as Annie's guest; Lea Tassone.

Guest Introductions:

Sue introduced Amanda Bridges a Laconia High School student who is a Rainbow Girl with the Plymouth group. Rainbow Girls has a connection with Eastern Star and the Masons and is made up of girls from the ages of 11-21. They are a community service group. She made a presentation to us of what looked to be more than 100 books she has been collecting as her service project over the past year. She donated them to us for use with our literacy projects. With her were Mary Campbell, the Mother Advisor and Elizabeth Newall, head of the Advisory Board. Annie introduced Lea Tassone who has moved to the area from CT.

Eva introduced Jane Bergeron who works at the Weirs Times.

Laura's guest was Lisa Singh who recently moved to the area from Boston.

Secretary's Report: Debbie

The business meeting minutes from the May 11, 2010 meeting were e-mailed to all members. Shirley moved to approve the minutes as written and Carla 2nd.

Treasurer's Report: Amanda

The May 31, 2010 report was passed out and reviewed with the membership. There were no questions. Shirley moved to accept the report as presented and Eva 2nd. The report was placed on file.

Correspondence: Penny

Sue presented a Multicultural Day flyer for discussion soliciting ads to raise funds for the event. Jean moved we do a \$10 'supporter' ad. There was no 2nd. Discussion resulted in feeling we would get more attention with the business card size ad. A 2nd motion was made by Eva we purchase a \$25 ad, 2nd by Diane. With no further discussion, there was a unanimous vote.

Penny presented the following:

An invite from Genesis Behavioral Health for an event being held at Prescott Farm.

A thank you from a 2 time scholarship recipient of ours, Dr. Kelsey Walton, for our scholarship assistance that helped her reach her goal. She is now a Dr. in Portland, ME.

We received newsletters from Lakes Region Childcare Services and The Family Support Council.

Sue had received two resignations. Terri Crane has resigned because she is now not here 9 months of the year.

Jean Vaillancourt resigned because right now she has too many other obligations. She may return when she has less on her plate.

COMMITTEE REPORTS:

Literacy: Judi

Judi acknowledged the wonderful donation of books collected by Amanda Bridges with the Rainbow Girls. She is still waiting to hear from the libraries about scheduling times to present our donations. The paperwork for Betty's trademark has been filled out. A patent lawyer friend of Laura's helped guide the committee through the paperwork. The literacy Committee was to meet right after the business meeting. Maureen reported 50 more books had been dropped off at the hospital at the end of May for the Mothers of newborns.

Program Committee & Fundraising: Amanda, Laura and Maureen

Amanda passed out the invitation to the Installation Party at 5:30 on Tuesday, June 22nd to be held at Maureen Sanborn's home in Gilmanton. The cost is \$15 and dinner will be provided. Guests are invited and she asked members RSVP by June 18 for a dinner count. Laura had 3 volunteers for appetizers. Beer, wine and soda will be provided. Nancy, who was to do the installation is unfortunately in the hospital with what we believe is pneumonia and has been confined to home rest when she is released and won't be able to attend. Adrienne said that she has the installation all set.

Downtown Big Band Night: Amanda and Diane

The event was not a success as a fundraiser with only 67 tickets sold. It was a 1st class red carpet affair and the food was wonderful. 50% of the proceeds for our handling decorations and advertizing came to \$0. A great benefit for our Club is more people know who we are and that we are willing to help and we met new people and friends working with the Belknap Mill and Laconia Main Street groups. There may be another collaborative event in the future with a different venue.

BCNH Birthday Party: Barbara and Tracie

Barbara reported that there were 9 resident birthdays for the month celebrated last Wednesday. They purchased 10 balloons and oops, one flew away.

Foster Care: Sharon & Laura

Laura reported the Foster Care Picnic is this coming Saturday from 11:00 to 3:00 at Camp Walumet in Bristol on Newfound. Set-up will start at 10:00. She thanked all those who offered to help at the picnic and baked for it. Foster Care was able to share space with the Meredith Altrusa Club at the town-wide yard sale and the sale brought in around \$400 to use toward the picnic expenses which means they may break even. There were about 100 parents and children signed up so far. DHHS provides the entertainment and there are companies who donate small gifts and there are books and bookmarks for the kids. Laura also mentioned they are always looking for donations of items to help those foster kids transitioning out on their own. Back to school backpacks are another project they work on. Emergency bags, in case a child needs to be moved and so they have something of their own, are filled with bedding and toiletries are now handled by another group.

Membership: Diane

Diane reported the Membership Drive at her home was both a good time and successful. Lisa and Jane have made applications and they will be installed in September. We may see applications from Lea and Marsha Dionne. There was a short discussion about the Club covering the \$10 1st time fee for new members. Those who were planning to join us said they were OK with the fee. It was decided it was not an incentive that was necessary.

Committee Sign-ups: Sue

Sue said we still need more people to sign up for committees and there are some without any chairs. There are not many signed up for Make a Difference Day believed to be held on the 4th Saturday in October. People are also needed for the Multicultural Day Committee which occurs in September. Sue also mentioned Barbara and Maureen are in the exploratory stages of bringing back Astra again and have received a packet of information from International. The thought is to not have it in a school so girls from neighboring communities might join. Amanda, our Rainbow Girl guest, offered her opinion that she felt it would be better to have it offered as a school group. Laura suggested they speak with Monica and Kelly Bennett with the Meredith Club and Amanda and Adrienne too. It is just in the pre-planning stage.

Yearbook: Sue for Donna

Sue announced Brenda was stepping up to fill Idelle's spot on the Yearbook Committee. If any of us have any changes to be made we should contact either Donna or Brenda.

OLD BUSINESS:

Strategic Plan: Sue

The group who volunteered to work on the Strategic Plan met on June 1st. It will be presented to the Club when it is completed.

Name the Pig: Sue

Sue and Diane read several names to us to vote on to name the fundraising pig. The winning name is Piggy Sue. Judi volunteered to babysit Piggy Sue at her house.

NEW BUSINESS:

MADD: Sue

This is a new standing committee and the need for committee members was covered under Committee Sign-Ups.

Multicultural Day: Sue

Multicultural Day is another new standing Committee in need of committee members.

Other:

Jan brought up her concerns about the recent fraud e-mail we all received. Her work computer was compromised. Diane spoke with a computer savvy friend who indicated that "pest control" should be launched to be sure there is no virus. It's important to change your password and to have 1 good antivirus and spyware program. Several mentioned AVG was a good one. Having more than one is counter-productive.

New Board Member: Sue

Annie has said she is willing to step up to fill the open Board Member position. Shirley moved we accept Annie as a member to the Board, 2nd by Amanda. The vote was unanimous.

Budget: Amanda

Amanda handed out and reviewed the External Budget 2009-2010 Actuals and the Disbursements. Brenda moved and Penny 2nd the Budget as presented with the Disbursements for 2009-2010 be accepted. The only discussion was Laura explained the scholarship overage will come out of the seed money. The vote was unanimous to accept the 2009-2010 External Budget with Disbursements as presented.

Amanda reviewed the Internal 2009-2010 Budget. Penny moved it be accepted as presented 2nd by Eva. There was no discussion and the vote was unanimous to accept the Internal 2009-2010 Budget as presented.

Amanda reviewed the proposed 2010-2011 Internal Budget. Judi moved to accept the future Internal Budget as presented and Diane 2nd. Discussion noted any Internal Fundraising ideas would be welcomed. The vote was unanimous to accept the proposed 2010-2011 Internal Budget as presented.

Amanda reviewed the proposed 2010-2011 External Budget. Penny moved the Budget be accepted as presented, 2nd by Maureen. There was no discussion and the vote was unanimous to accept the proposed 2010-2011 External Budget as presented.

Happy Dollars: Eva had 2 happy dollars. She had a signed contract today and the other was her husband has painted their bedroom and she feels so much better being in it having it look different from when they had their break-in. Penny had 1 happy dollar. She knows her future grandchild is going to be a boy. (I hope I got that right.) Debbie had 2 happy dollars. Her son got engaged Memorial weekend and then this week let her know they had set their wedding date for September 25th.

Adjourn: The meeting was adjourned at approximately 7:30

Respectfully submitted;
Debbie Cotton

Thank You

I planned to send a "Thank You" card after the June Installation but decided it wouldn't be large enough to contain what I wanted to say, so I decided to hold my thanks until I could have a little more space.

Upon completing my Presidency I was overwhelmed with your gifts. The sailboat proudly sits in my picture window and the Egret is perched on my fireplace mantel. Every time I walk into my living room I am reminded of my Altrusa Sisters.

I knew that I was turning over the position to a very capable (much more capable than I) young woman. (In case you're wondering, Diane and I are the same age, and that's young!) She will be a great motivator and has wonderful ideas, as well as great contacts in the community!

In addition to the gifts, I want to thank all of you who helped me by giving me advice, jumping in when I needed help on something, being there when I needed to talk and especially for providing me with the opportunity to learn and grow. Altrusa has helped me in so many ways. Although I still hate to stand and speak in front of a group, at least now I can do it! When I had surgery in February my "sisters" were there for me with flowers, cards, crossword puzzle books, offers to make dinner, nail polish to keep me busy, visits and so much more.

Not only have I gained more knowledge and more confidence, I gained some of the best friends and met some of the nicest women I could ever meet.

I hope that those of you who haven't taken a position on the Board will give it a try, and those of you that have been through it will consider doing it again. Our club is small, which in many ways is what is so wonderful about it, but we all need to be incredibly active in order to keep our club healthy, active and strong.

Thanks so much for letting me serve as your President.

I love you all,

Sue