

# ALTRUISTICALLY SPEAKING

ALTRUSA INTERNATIONAL, INC. OF LACONIA N. H.

Volume 1, No. 1

March 2007

## A MESSAGE FROM OUR PRESIDENT..

I recently read a book entitled “The Ultimate Gift” by Jim Stovall and it was all about the ultimate gift that you can give to someone.

The first gift is “The Gift of Work”. Teaching someone that to work at something that gives them a feeling of accomplishment is a great gift. Many people do not enjoy what they do so they are not feeling fulfilled.

The second gift is “The Gift of Friends”. One of the things in life that gives us great pleasure is the friendships that we form over the years

The third gift is “The Gift of Learning”. We can learn something almost every day of our lives if we open our minds up.

The fourth gift is “The Gift of Problems”. We have to learn in our lifetime that we all encounter problems, but how we handle them is most important. Most problems make us better people in the end.

The fifth gift is “The Gift of Laughter”. It is often said that laughter is the best medicine and we all know that when we laugh we feel much better than when we cry.

The sixth gift is “The Gift of Love”. If we give love we receive love in return and that is what life is meant to be.

And the last gift that I want to give you is “The Gift of Family”. Family is everything in this life. It can be your immediate family. It can be your work family or it can be your Altrusa family.

In reading this book I realized that all of these gifts are what Altrusa is all about, the Gifts of work, friends, learning, solving problems, laughter, love and family.

Thank you all for being a part of my family

Shirley

### Club Bylaws, Article II: Purposes

(d)

To do any and all things conducive to the service, betterment,  
And ultimate welfare of women in business and the professions.

Altrusa International, Inc.

Bylaws and Policies  
2005-2007

**Taste Setup!!**

\*\*\*\*\*

**March 31st at 9AM**  
**WE NEED EVERY-**  
**ONE'S HELP!**



## Altrusa, Down To Business!

**Altrusa Int'l of Laconia**  
Business Meeting Minutes  
March 13, 2007  
BCNH, 5:30 p.m.

Call to order 5:45 p.m. by Donna Werda, filling in for Shirley Mento  
10 members present  
No guests

**Minutes** of the last meeting were accepted by Hali Dearborn and seconded by Deb Cotton

**Financial** reported was presented by Kathy Morin and accepted by the general membership.

**Corresponding Secretary Report**- Penny – nothing to report

**Astra** - nothing to report

**BCNH** – 9 birthdays to celebrate this month – please make it to next month if you can, volunteers are slim for April.

**Foster Care Project** – Laura Cameron – Meeting is scheduled for April 9, 2007 at the BCNH at 5:30 p.m. members are Kathy Morin, Shirley Mento, Sharon Shetler, Brenda Tillotson, Penny Franciosi, Laura Cameron and Hali Dearborn.

**Taste of the Lakes Update** – Signs are being done by Linda Danielovich of the LHS Art Dept. Hali to complete task and have signs ready for April 1<sup>st</sup>. 25 restaurants are participating. Shuttle bus will be supplied by the Teen Center at a cost of \$150. Bus to be cleaned prior to event and will provide rides from 2-6pm. A letter has been sent to Deb Frawley regarding the linens. Sue, Brenda, and Donna to meet with Kathy Eastman at Expo. Hali to do the 50/50 raffle table. Jean doing decorations.

**Food Pantry** – Sharon Shetler presented the letter from Christ Life regarding their March and April food drive and goods donated will receive credit towards more items needed by the Pantry. Laura motioned to expend \$100 during this food drive, Hali seconded. Hali and Kathy to do the shopping and drop items at the Pantry and report back to general membership.

GAA Banquet Update – Kathy is still finalizing the specifics and will update the general membership at the next meeting. The membership agreed that is in the best interest of the club to all have a standard answer to any questions pertaining to the change in the format of the GAA “banquet”. It is as follows. Our standard reply should be that "We are making a change in the format of our celebration of the lady athletes of LHS. We hope that by changing the venue, more family members will be able to participate in our evening of recognition. We will be providing refreshments and we continue to provide the girl's trophies. It will be an evening to honor the girls, as it always has been."

### **Old Business**

**NH Humane Society** – March 27<sup>th</sup>, potluck – Penny is taking care of all food related issues! No charge for this night out – if you would like please bring a donation of the following item(s): Paper towels

- HE Laundry detergent
- Canned dog and cat food

- Postage stamps
- Copy paper
- Blankets for animals to lay on.

A motion was made to present the NHHS with a check in the amount of \$100, Laura seconded.

**Signs** – nothing to report

**Spring Conference** – Jean to bring special “bling glasses”! Thank you Jean for taking such good care of us!  
GAA Banquet – Donna to prepare a written statement and present to general membership.

**Spring Conf submissions** – Hali sent the newsletters and yearbooks to Barre, Vt for judging as requested.

### **New Business**

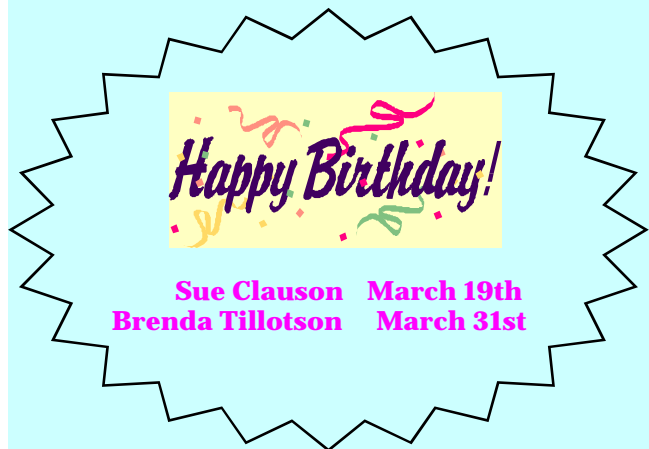
**Nomination of Board Member** – Nominating committee consists of Jean, Deb and Sharon. Nancy motioned to nominate these members and Penny seconded. These members will task a member with the position of Director. This position is a 2 year term.

**Meredith Birthday Party** – **RSVP by April 17<sup>th</sup>**, when you call they want to know your astrological sign! Sounds like fun!

- Request for donation to the Belknap County Victim Restoration Fund – Discussion of general members was to wait until year end to see if there were funds available. Donna moved to table to July Budget meeting.

**Happy Dollars** – Penny has retired for the 2<sup>nd</sup> time!! Way to go Penny - enjoy! ☺

Meeting adjourned at 6:30 p.m.



Shirley Mento, President  
Shirleymento@yahoo.com

**Altrusa International of Laconia  
Financials  
February 2007**

Internal Funds (Operations)

**Checking Account**

<b>Previous Balance</b>	\$	4,994.69
<b>Income</b>		
Interest	\$	0.48
Member Meals	\$	240.00
Happy Dollars & Pin Fines	\$	7.00
<b>Total Income</b>	\$	247.48
<b>Disbursements</b>		
Patrick's Pub & Eatery	\$	238.00
Altrusa - Foundation (Chamber Dues)	\$	115.00
Postmaster	\$	50.00
Greater Laconia-Weirs Bch Chamber	\$	47.95
<b>Total Disbursements</b>	\$	450.95
<b>Current Balance</b>	<b>\$</b>	<b>4,791.22</b>

**Savings Account**

<b>Previous Balance</b>	\$	3,690.43
<b>Income</b>		
Interest	\$	1.57
<b>Disbursements</b>	\$	-
<b>Current Balance</b>	<b>\$</b>	<b>3,692.00</b>

Foundation Funds

**Checking Account**

<b>Previous Balance</b>	\$	4,529.45
<b>Income</b>		
Interest	\$	0.45
Altrusa (Internal) Refund Chamber Dues	\$	115.00
<b>Total Income</b>	\$	115.45
<b>Disbursements</b>		
Lakes Region Floral Studio	\$	22.50
<b>Total Disbursements</b>	\$	22.50
<b>Current Balance</b>	<b>\$</b>	<b>4,622.40</b>

ALTRUSA INTERNATIONAL OF LACONIA, NH

**2007 – 2008 DUES INVOICE**

Dear Valued Altrusa Member:

This notice is to request payment of your annual club dues.

The dues for the 2007 – 2008 year are **\$85.00**.

The dues breakdown is as follows:

\$45 – International\*

\$15.00 – District

\$25.00 – Local Club.

\*New Members pay an additional \$10 initiation fee to International--your total will be \$95 due prior to initiation.

I would ask that your payment be received no later than **May 8, 2007**. If you have any change of personal information (i.e. phone or address change) please let me know that information also, to complete my records to International and District. After May 8<sup>th</sup> a \$5.00 late fee will be assessed by International.

Payments may be made at the April 10th business meeting, or mailed to:

Kathy Morin  
8 Horne Road  
Belmont, NH 03220

If you have any questions or concerns, please do not hesitate to contact me at 729-5013. Thank you in advance for your timely dues payment.

Altruistically yours,

Kathy Morin  
Treasurer

**Altrusa International of Laconia, NH**  
**PO Box 124**  
**Laconia, NH 03246**